IKB Year 10 Parents' Information Evening

October 2021



Essential Information

- Ensure your child attends school, on time, every day
- Ensure your child comes to school with the right mind-set, prepared for their classes and to work
- Help them stay healthy encourage them to stay hydrated, eat well, sleep well and to take part in physical activities
- Regularly look at their books to see how they are doing and encourage them to keep organised and tidy
- Check that they are doing their homework in a timely manner, and not leaving it all to the last minute
- Encourage them to use the online revision tools and support materials
- Encourage them to attend enrichment sessions and clubs, where available
- Encourage them to ask their teachers for help and support we are always happy to help!
- If you have any concerns, contact the relevant member of staff, whether that's a teacher, Mr Eadie, Mrs Offord or myself



Attendance Ladder

Out of 365 days in the year how many are school days, and how many are non school days?





Attendance Ladder

There are only 190 school days per year !! And 175 non school days

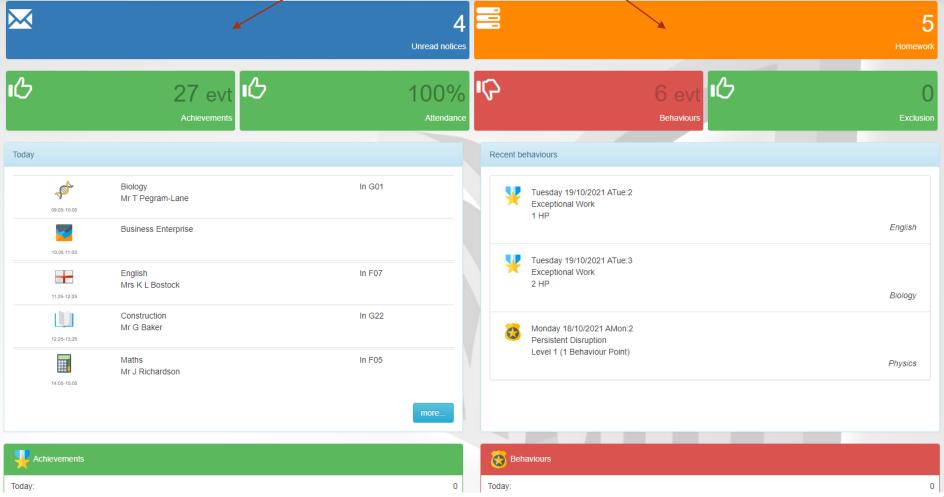




Insight

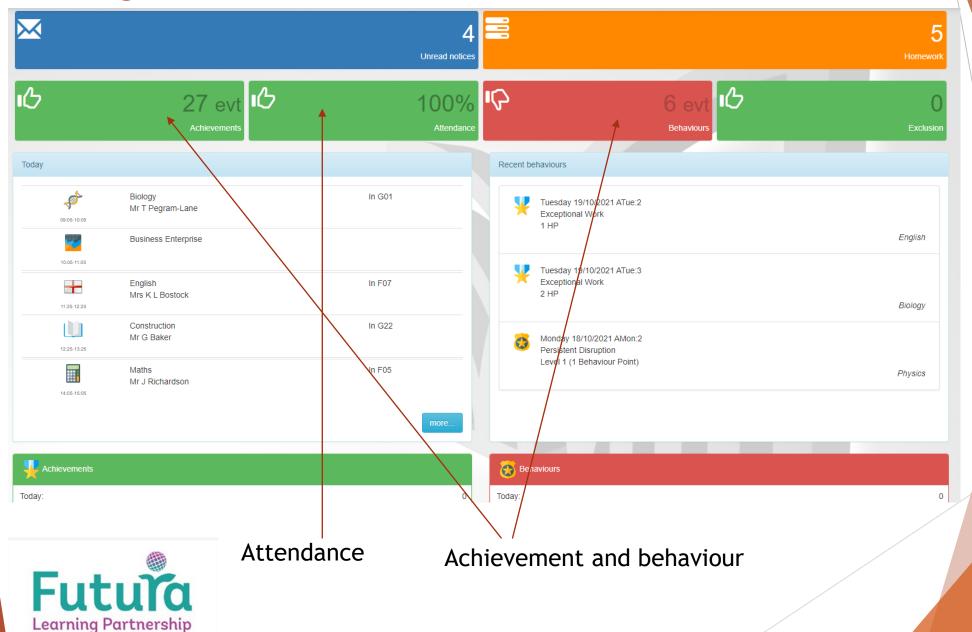
Messages from school

Homework





Insight



PSHE

Two lessons a fortnight

PSHE - Personal - social - health - education - including mental health education

SMSC - Social, Moral, Spiritual, Cultural

RSHE - Relationships, Sex and Health Education



PSHE

Year 10 (14-15)	Human rights, societal freedom, understanding safety in UK and beyond, ending relationships safely, stages of grief, loss and bereavement, peer on peer abuse, social media and culture, use of online data, threats to online safety, online identity, assessing and managing risk, the law and social media Risk and emergency contacts Positive and negative relationships	Equality including in the workplace, in society, in relationships Equality Act 2010 Vulnerable groups including disability and hidden disability Workplace expectations Rights and responsibilities Power and control in relationships, coercive control Benefits of multi-cultural societies Equity, equality and inequality My health	Impact of physical health in reaching goals, relationships and reaching goals, resilience, work/life balance, connections and impact on mental health, balanced diet, vital organs, blood donation, benefits of helping others, online profile and impact on future goals and employability	Improving health, mental health, sexual health, blood-borne infections, self-examination, diet and long-term health, misuse of prescription drugs, substances and the body, common mental health disorders, positive impact of volunteering, common threats to health including chronic disease, epidemics, misuse of antibiotics Organ donation Stem cells	Sustaining long-term relationships, intimacy, healthy relationship with self Attraction, love, lust Relationship choices, ending relationships safely, consequences of relationships ending e.g. bullying, peer on peer abuse, revenge porn, grief- cycle, Impact on family understanding love, fake news Pornography	Impact of societal change on young people, role of media on societal change, reflection on change so far and how to manage it successfully, decision making, sexual identity gender, spectrum of sexuality, stereotypes in romantic relationships, sexual identity and risk, physical and emotional changes, family change, sources of support
Year 11 (15-16)	Becoming an adult. Age limits and the law Relationships and the law, consent, coercive control, peer on peer abuse, domestic abuse, honour-based, violence, arranged and forced marriages The Equality Act 2010 The law on internet use and pornography Social media concerns, sexting Keeping safe, emergency situations, key advice, first aid, scenarios and consequences		Anxiety, solution focused thinking, sleep, relaxation, Aspiration on; career, finances, budgeting, borrowing, relationships, Skills identification, realistic goals, gambling, financial pressure, debt, dream jobs, skill set, employment, education and training options, long-term relationship dreams and goals, parenting skills and challenges, resilience, what to do when things go wrong	Managing anxiety and stress, exam pressure, concentration strategies, work- life balance, sexual health, hygiene, self- examination, STIs, sexual pressure, fertility issues, contraception, consent, pregnancy facts and myths, pregnancy choices including adoption, abortion, bringing up a baby, financial implications, identifying a range of risks including rape and strategies for staying safe Expectations in relationships	Stages of intimate relationships, positive and negative connotations of sex, spectrum of gender and sexuality, LGBT+ rights and protection under the Equality Act, 'coming out' challenges, LGBT+ media stereotypes, peer on peer abuse, power, control and sexual experimentation, forced marriage, honourbased violence, FGM and other abuses, hate crime, sources of support	



Essential Information

Work Placements and Enrichment Week

w.b. 13th December- Enrichment and employability trips and activities week - 5 days of STEM enrichment visits, SMSC visits and employability skills workshops

w.b. 4th April - Work placement week 1 - Be proactive, we will arrange the placement. Students will complete placement diary and employers will provide feedback to the school. Employability skills will be covered in the week prior to the placement

w.b. 18th July - Work placement week 2 - This can be the same or a different placement



Essential Information

Key Dates

1st November INSET day

19th November Review 2

w.b.13th December STEM/cultural enrichment trips and employability skills workshops

11th March Review 3

17th March Parent's Evening

w.b. 4th April Work Placement week 1

20th June Year 10 exams begin

15th July Review 4

18th July Work Placement week 2



Puff Bars

Vape bars contain the nicotine of 20 cigarettes - new 'Geek bars' Contain the nicotine of 125 cigarettes

The nicotine is designed to be easily absorbed and has less irritations



They are brightly coloured and come in flavours that are desirable to children e.g. bubble gum, ice cream and fruits

They are cheap, small and easily hidden

Hot, unregulated substances straight into the lungs

Nicotine can lead to addiction, damage to lungs and effects the brain



